

HIGHVALE NETBALL CLUB INC. Reg. No. A001 9001 H

NOTICE OF ANNUAL GENERAL MEETING

DATE:Sunday 27th November 2022

TIME: 2pm

Venue: Eley Park Hall, 87 Eley Road Blackburn South

AGENDA AGM:

- 1. 2pm Welcome
- **2.** Apologies
- 3. Acceptance of the Minutes of the 2021 Annual General Meeting
- 4. Presentation of 2022 President's Report
- 5. Presentation of 2022 Treasurer's Report
- 6. Election of members of the Committee for the next twelve months
- 7. Business section of meeting closed.

Fiona Bahr

Secretary

STATEMENT OF PURPOSE:

- 1. To promote, control and manage all teams represented by the club, and to provide healthy recreation for members of the Club.
- 2. To encourage, recruit and promote the game of netball.
- 3. To join an Association affiliated with the Victorian Netball Association.
- 4. To enter teams in any competitions organised by the Association.
- 5. To enter teams in any competition as approved by the Club Committee.
- 6. To encourage social life and good fellowship amongst members of the club and to promote social functions, athletic sports, recreational activities and pastimes held within the club.
- 7. To invest in accordance with state laws, any monies or funds of the club with any worthwhile institution as approved by the executive committee.

HIGHVALE NETBALL CLUB WISHES TO ACKNOWLEDGE THE CONTRIBUTIONS OF THE FOLLOWING PEOPLE:

Committee 2022

- Donna Stevens Nicole Newev Fiona Bahr Carolyn Horvath Viv Potter Sophie Papaefraim Fiona Bahr Mon Hunt Elise Kimpton Nicki Harwood
- President President Secretary Treasurer **Coach Coordinator** Communications Uniforms Coordinator Marketing & Social Media Registrations Committee member

Coaches 2022

Rubies
Rubies
Bullets
Bullets
Novas
Novas
Comets
Comets

Vito de Cesare Brooke Kalveras Brad Frost Tanya Frost Sapphires Donna Stevens Jessica Hunt (M)

Stars Stars Sapphires Emeralds Hybrids

Representative Players 2022

Representative Club	Highvale Representatives
Melbourne Waverley	Leah Fuller
Waverley Night Netball	Belle Yaron, Amelie Huppe
Eastern United	Jess Stevens, Summah Hinchcliffe

Umpire C Badges 2022

Minh Nguyen Jessie Bahr

Coach Level 1 (Foundation) Qualification 2022

Paige Frost Sam Bahr

THE HIGHVALE NETBALL CLUB ALSO ACKNOWLEDGES OUR LIFE MEMBERS AND RECIPIENTS OF CLUBS AWARDS:

Life members of Highvale Netball Club Inc.

1991 Val O'Brien	1998 Ross Young	1999 Colleen McDougall
2009 Jody De Cesare	2009 Gayle Green	2015 Vito De Cesare
2015 Liz Joyce	2018 Eliza James	2021 Donna Stevens

Club Award Recipients

- 1991 Glenis Mackay 1991 Sangita Tailor 1991 Colleen McDougall 1991 Emma Splatt 1991 Debbie McDougall 1993 Ron Waldron 1993 Sue Mackay 1994 Ross Young
- 1995 Katrina Hall 1995 Leanne McDougall 1996 Colleen McDougall 1999 Michael Hall 1999 Merrill Pohlen 2000 Trish Hall 2001 Pam Bartlett 2003 Christine Chalmers
- 2007 Leanne McDougall 2008 Bob Cave 2010 Sue Allen 2010 Vito De Cesare 2011 Liz Joyce 2017 Greg Hunt

The Bhavya Sethi Spirit Award

2018 Tanna Reynolds 2019 Donna Stevens 2021 Monica Hunt

President's Report 2022

It is with much pleasure that we present our 5th Presidents Report. As another year draws to a close it is time to reflect on the year that was.

We would like to start by acknowledging and thanking our fellow 2022 Committee Members:

- Fiona Bahr Secretary
- Carolyn Horvath Treasurer
- Elise Kimpton Registrations
- Viv Potter Coach Coordinator
- Fiona Bahr Uniform Coordinator
- Monica Hunt Marketing and Social Media
- Sophie Papaefraim Communication
- Nicki Harwood General Committee

It is very much a team effort. We thank you all for your wonderful support and hard work throughout the year.

Highvale Netball Club (HNC) prides itself on fair play, mateship and inclusiveness in our players, coaches and their families. We aim to create and promote a safe, fun and friendly environment for people of all ages to enjoy the sport of netball. Plenty of planning and consideration together with much discussion is undertaken by the Committee prior to each season when organising teams. HNC aims to engage with members and the community to encourage participation in the wonderful sport of netball.

HNC is very lucky to have a wonderful group of dedicated coaches who volunteer their time not only at training and on game day but also the time between the two organising training plans, team rosters and game day strategies. They are fabulous mentors and ensure all our players are well versed in the game of netball.

After two disruption filled years, it was great to get back to being able to play full seasons of netball for both Autumn and Spring. In the Autumn 2022 season HNC entered 8 teams. 1 x U9, 1 x U13, 2 x U15, 1 x U17, 2 x Open teams and 1 x Premier team. Two of our teams made finals – U15 Novas and U13 Bullets with Bullets progressing to the Grand Final. Bullets played magnificently under the guidance of Paige Frost who was their coach on the day as Viv Potter was unable to attend the game. Scores were level at the end of the game. Extra time was played with Bullets coming out Runners Up. A valiant effort by all the Bullets players and coaches Paige and Viv. You certainly did HNC proud.

The Kevin Currie Champion Team Trophy which is awarded to the team who finishes the home and away games for Autumn season with the highest number of points was this year presented to our youngest team the U9 Rubies. Congratulations to coach Charlotte Bahr and her team. Such a valiant effort.

The Spring 2022 season saw HNC once again enter 8 teams. This was the same number of teams as Autumn 2022 with one slight change. Emeralds, who after a gallant first season in Premier section, moved back down to Open 1. At the time of writing this report there is the prospect of 6 of our 8 teams making finals which is a fantastic effort. Whatever the outcome you have all made HNC proud.

As with the Autumn season, there is a Spring Perpetual Trophy which is presented to the team who finishes with the most points after the home and away games. This is once again presented to U9 Rubies. What a fantastic year for our Rubies. Well done to you all.

2022 has seen the need to change our training venue with Sportlink undertaking a massive redevelopment. Confirmation of when this was to commence was given to the Club quite late. This meant the Committee had to find a new venue which would cater for our training days and times in a short span of time. A lot of work was undertaken behind the scenes and we are thankful that Waverley District Netball Association were able to cater to our needs at their Ashwood courts. Whilst for some this has meant further to travel it has certainly been a good fit for HNC training needs.

A survey was sent around to our members and the results have shown that Sportlink is the preferred training venue moving forward. Sportlink have advised us that the new redevelopment should be completed early 2023. Highvale will endeavour to submit an expression of interest with Sportlink stating our desire to return there in 2023. This return will depend on when the current redevelopment is completed and whether we are offered an option to return. The Committee will keep you informed as updates are received from Sportlink.

With the easing of Covid restrictions and return to some semblance of normality the Committee focused on recruiting new members. This has certainly not been an easy task. As is usually the case it involves planning and preparation behind the scenes. Added to this has been a noticeable drop in the number of participants returning to sport post Covid. This has been noted across the board by other clubs not just HNC.

During 2022 the Club has organised a number of skills and development sessions for our players. The first was in Term 2 aimed at those new to netball. This session was once again run by Donna Stevens and Jessie Bahr. We had 4 players attend these sessions all of whom have gone on to play netball with Highvale teams in the Spring 2022 season which is a great outcome. The Club has also run a "Come and Try /Bring a Friend session" during Term 4. This session was organised by our Coach Coordinator, Viv Potter. Some of our coaches were also on hand to help run the various activities which had been planned. The session highlighted our Highvale philosophy of developing new skills while having lots of fun. There were 15 new faces in attendance and it was plain to see from the happy faces that they all enjoyed the session.

Donna Stevens and Angela Jeffery, who runs the Waverley Net Set Go program, plan to run another skills development program over 4 weeks during November. This is aimed at further developing any new and upcoming netballers in readiness to take the courts for Highvale in 2023.

We were excited to finally welcome Rob and Lauren from Nardelli coaching in Term 1 and again in Term 4. Rob and Lauren ran some specialist defense training for our players. Again, it is fabulous to see many smiling faces as our players are encouraged to run through their paces with this program. It is something that has long been a vision of both Nicole and Donna for HNC. it is wonderful to see it come to fruition and be accepted by players and coaches with such excitement.

Netball Victoria implemented a new digital platform, Netball Connect. As with any new system there were some hiccups during the transition from MyNetball to Netball Connect but with due diligence, perseverance, and the assistance of WNNA the Committee has been able to work through the issues that arose and process all Netball Victoria memberships and Club fees through Netball Connect.

The Committee has also been working through the Child Safe Standards. This is a huge task. Working through each of the 11 Child Safe Standards is ongoing with a required completion date of July 2023. Special mention and thanks most go to Fiona Bahr for tackling this head on for the Club. Fi, your time, effort and persistence is inspiring.

All teams have looked amazing out on the netball courts in the new(ish) HNC dresses. The Committee have spent time this year adding to our merchandise with the addition of coaches tops for all our coaches together with a newly designed hoodie. Once again, the wonderful Mon Hunt has been busy putting together designs for these. Thank you Mon for taking on board all the suggestions thrown your way. I think we can agree that the final design looks fantastic. We are very excited to have processed the orders received from our members for the new hoodies and submitted these to our supplier. The Committee is looking forward to receiving and distributing the hoodies to all members once received from our supplier. It will be great to see the new hoodies being worn around the netball courts in 2023.

On an extremely sad note, we would like recognize one of our team mates Manamrit Takhtar, known as Amrit who sadly passed away in October. Amrit played in our Bullets and Comets teams from 2020 until Autumn 2022. Life is precious. HNC and her team mates send deepest condolences to Amrit's family and friends.

We would like to thank all the parents for their support scoring, making sure their child or children get to training and games and for supporting both their child and their child's team throughout the year.

Finally, we would like to thank you all for giving us the opportunity to be your Club Presidents over the last five years. We have been a part of HNC in various roles. From coaching, various other Committee roles or as parents supporting our children over the last 12 years. However, it is now time for us to move on.

It has been an absolute honour and privilege to be part of HNC. Over the last 12 years we have seen our daughters grow and flourish in the nurturing, rich and rewarding netball opportunities provided by this Club. We believe there will have many more opportunities to come. We know that the involvement we have had with HNC has immeasurably enhanced our relationships with our daughters and we strongly encourage each and every one of you to consider giving back the Club. It is sure to enhance your daughter's netball time. Whether it be scoring, coaching, team manager or being a committee member, all are extremely rewarding. Be part of Highvale and be part of something great.

We started this Co-President journey together five years ago and have definitely found the experience very rewarding. While it is time for us to move on from being Co-Presidents our friendship will always remain. Anyone out there who would love to help out or do their bit but are reluctant to do it on their own, go out and grab a friend and have a go. We did and we are forever grateful for the experience.

Donna Stevens & Nicole Newey

TREASURER'S REPORT

31 October 2022

The following financial statements have been prepared for distribution to members and presentation at the Annual General Meeting.

These reports have been prepared by the Treasurer from bank statements, invoices, etc., all kept under the control of the Treasurer.

Hello all HNC members and families, my name is Carolyn and this is my first year as Club Treasurer taking over from Sharon B who was Treasurer for the previous 3 years. I would like to thank all my fellow committee members and would like to personally thank Donna and Nicole for all they have done for the betterment of HNC over the past 5 years as Co- Presidents and in the many more years being involved with club's committee and wish them all the best with whatever they undertake in the future.

The club's finances are secured by a strong balance sheet made up of cash at bank of \$17,664.92 and a stock of uniforms to the value of \$2,530.00.

The Profit and Loss Statement for 2022 shows a Loss for the year of -\$845.79, although this is not ideal however coming off the disruptions from the last two years with Covid and Lockdowns and the many financial implications which were not able to be forecasted this was unavoidable and fortunately the Club has sufficient savings to cover this deficit. This financial year we were impacted by fee rollovers, fee refunds and an increase in Autumm Season Team Registration cost and general increases across most other categories as well as unexpected expenses such as the postage required to send the old style HNC uniforms that were collected from our players to send to Fuji, which I hope you are all in agreeance with the committee was a very worthy cause. Moving forward we expect that they club's finances will return to surplus provided we don't experience any further disruptions or a significant downturn in membership.

Highvale Netball Club			
Cheque Account Reconciliation			
Period ending		31-Oct-22	
BANK STATEMENT CLOSING BALANCE AS AT	31-Oct-22	17,664.92	
Highvale Netball Club Income/Expenditure Transaction Reconcili	ation		
H.N.C. opening balance as at 01/11/21		18,510.71	
Transactions - Income	01/11/21 - 31/10/22	18,373.57	
Transactions - Expenses	01/11/21 - 31/10/22	-19,219.36	
	-		
HIGHVALE N.C. BANK BALANCE @	31-Oct-22	17,664.92	
VARIANCE TO BANK STATEMENT CLOSING BALANCE @	31-Oct-22	0.00	

Highvale Netball Club Inc. Balance Sheet @ 31st October 2022

Current Assets

Cash at Bank	\$ 17,664.92		
Uniform Assets on Hand	\$ 2,530.00		
Trusts	\$-		
Total Current Assets	\$ 20,194.92		

Current Liabilities

Outstanding Cheques	\$	-
Tax Liabilities	\$	-
Trusts	\$	-
Total Current Liabilities	\$	-
Net Assets	\$ 20,194.9	92
Total Equity	\$ 20,194.9	92

Highvale Netball Club Inc. Profit & Loss @ 31st October 2022

	Revenue		2022	2021
	Spring Club Fees (S2)		\$ 10,360.00	\$ 7,868.00
	Autumn Club Fees (S1)		\$ 1,514.00	\$ 5,480.00
	Prior Season Club Fees		\$ 302.00	\$ -
	Uniform		\$ 4,495.00	\$ 2,420.00
	My Netball transaction fee		\$ -	\$ 0.37
	Interest		\$ -	\$ -
*	Other		\$ 1,702.57	\$ 2,058.00
	Total Revenue		\$ 18,373.57	\$ 17,826.37
	Expenses			
	Uniforms		\$ 2,651.70	\$ 5,713.40
#	Team Registration		\$ 10,768.00	\$ 7,123.60
	Umpire Courses		\$ -	\$ -
	N.V. Expenses		\$ 246.30	\$ 239.10
	Court Hire		\$ 1,588.60	\$ 1,099.00
	Trophies		\$ 252.00	\$ 10.00
	Website		\$ 181.50	\$ 104.50
	Coaching Courses & Training Sessions		\$ 787.25	\$ 432.25
	Equipment		\$ 467.72	\$ 290.00
**	Sundry Expenses		\$ 605.29	\$ 433.30
	AGM Expenses		\$ 991.00	\$ -
	Printing & Satationery		\$ -	\$ -
	Payment Refund		\$ 680.00	\$ 598.00
	Forfeit Fines		\$ -	\$ -
	Umpire Fines		\$ -	\$ -
	Other		\$ -	\$ -
		Total Expenses	\$ 19,219.36	\$ 16,043.15

Net Operating Profit / (Loss)

-\$ **845.79** \$ 1,783.22

Dept. of Jobs, Precincts & Regions (Grants \$1500.00 x 1), Payment in error for member refund payment rejected, refund of bank * fee

From 1/1/19, umpire costs included in team registration

** Sundry Expenses:- Consumer Affairs renewal, bereavement flowers, postage for uniforms to Fuji, First Aid items, Come try session.

COACH CO-ORDINATORS REPORT 2022

Excitement mounted as the start of Autumn Season 2022 approached. COVID restrictions were gradually being lifted and the Committee were hopeful that a "normal" netball season would unfold.

Highvale Netball Club had entered 5 Junior teams and 3 Open teams in the Saturday competitions at Waverley Netball Centre. The season started and there were smiling faces, lots of laughter and enjoyment from the U9 Rubies all the way through the age groups to our most experienced Open team Hybrids. Everyone was thrilled to be back on court playing with their mates – exactly what domestic sport is all about.

At the end of Term 2 - halfway through the Autumn Season our training base relocated to the WDNA Ashwood Courts, as Sportlink at Vermont South became unavailable due to renovations. We are hopeful that we will be able to return to Sportlink during 2023, however this is dependent on the completion of the works and availability of the courts (both out of the Committee's control)

The coaches we have at Highvale NC are a fabulous bunch!. They are all volunteers who give up their valuable time and energy to bring about successes in each and every one of our players and teams. As coaches, we are teachers, managers, leaders, mentors, psychologists, strategists, communicators, motivators and promoters of the sport. All of this requires time and enthusiasm as well as knowledge of the individual players and their circumstances. I can't thank them enough for their organised, enthusiastic, patient, supportive, knowledgeable, caring and passionate approach.

The coaches organised a Come and Try day for new U9, U11 & U13 players in October to encourage new club members and to try to expand the number of junior teams for 2023. There were lots of new faces and everyone had a great time.

In 2022, Highvale continued offering the coaching website <u>thenetballcoach.com.au</u> to assist our coaches in finding the right drill, or training game to suit their team. We also organised for Nardelli Coaching to attend training sessions and run sessions to enhance the skills and knowledge of our coaches. Both coaches and players gained much from these sessions.

CONGRATULATIONS to **Paige Frost** and **Sam Bahr** who both completed their **Level 1 Foundation Coaching** Course during 2022.

CONGRATULATIONS to **Novica Pearsall, Jessie Bahr** and **Min Nguyen** who achieved their **C badge for umpiring** during 2022.

Charlotte Bahr ably assisted by Sam Bahr nurtured **Rubies** in their first year of competitive netball in U9, they won the Kevin Currie Champion Team Trophy for Autumn season and are leading the points race for Spring season too – stars in the making!

Viv Potter supported by **Paige Frost** inspired **Bullets** to new heights when they made the Autumn Grand Final in U13's.

Jess Stevens with the support of Alyssa Newey extended our Novas in under 15's making finals in both seasons.

Sophie Papafraim together with Chloe Frost took on Comets in under 15's.

Vito de Cesare with fantastic support from Brooke Kalveras worked with Stars in U17's.

Brad Frost and Tanya Frost mentored Sapphires as they moved into Open.

Donna Stevens managed the awesome Emeralds as they again tackled Open.

Jess Hunt looked after our most longstanding senior team Hybrids in Open.

Coaching is a valuable skill in itself, and I encourage anyone who may be interested to take advantage of the coaching opportunities available within the club. No matter how experienced you are Highvale

NC is a great place to learn the ropes. Any coach will tell you about the great feelings of satisfaction that coaching provides, no matter how small the feat. Our proud tradition of fair play, mateship and inclusiveness stems from our coaches and we are very thankful for their time effort and patience they continually volunteer.

A massive Well Done to everyone on an amazing year and an even bigger Thank You to everyone who has helped keep everything running smoothly – bring on 2023

Viv Potter

Rubies – Under 9

Team members: Kathryn Sears, Imogen Walker, Milla Panagopoulos, Victoria Kang, Abigail Wong, Maya Palha, Sarani Dassanayaka, An Khanh Nguyen, Ben Yaron, Alma Lifshits, Amber Kershaw (Spring)

Coaches: Charlotte Bahr, Sam Bahr (Spring)

Autumn

Autumn 2022 was Rubies' first full season! Most of them had played a small competition at the end of 2021, but this was my first time getting to properly coach them. I was very pleasantly surprised at the level of skill this team was showing after only a short time playing.

Every single one of the Rubies showed so much improvement over this season and always gave their full effort, regardless of what position I put them in. This effort translated on court as we beat every team except one, finishing second on the ladder. We also won the club trophy for most home and away game wins, which is an exceptional achievement for a first season team!

What was most impressive though was the team-spirit shown on and off court with every week full of smiling players. It was so nice to see the team getting to know each other and becoming good friends.

A special thank you to Alma and Amber for filling in for us and being our training partners.

Spring

Our spring season had a lot to celebrate, especially at the start when Amber and Alma joined our team permanently and Sam came on board as our assistant coach. This brought our total number up to eleven, meaning we started having rotations on a Saturday. Rubies continued to work hard at training, and this really showed again on court.

We're very proud to say this season Rubies beat every team in the section and finished first on the ladder! This is an awesome achievement for their second season. We also had a personal best with over 22 goals scored in a game. Every player has scored at least one goal this year which is great!

However most importantly, Rubies had a lot of fun this season and continued to be rotated through every position. As Rubies will be going up into under-11s next year we spent a lot of this season working on footwork and learning more rules of netball. We also entered into the Waverley Night Club Tournament as an under-11s team which was a lot of fun. It was so nice to see how much Rubies enjoy training and playing together.

Sam and I cannot wait to see what 2023 has in store for these players,

Go Rubies!

Bullets – Under 13

Team members: Leah Fuller, Mia Lifshits, Taraanjeet Gill, Vidya Ganeshkumar, Belle Yaron, Alice Ryan, Ayuni Dassanayaka, Simarjeet Gill, Jasmine Kershaw, Alexa Schulz (Spring), Zoe Schulz (Spring)

Coaches: Viv Potter & Paige Frost

Autumn (Section 3)

Autumn season was one of much change and disruption, with some amazing growth and success mixed in! Over the first few weeks of the season we had 4 novice players join the group and one experienced player leave.

Bullets were initially placed in Section 1 – after the first game this was manifestly too high a section and in Round 2 we were regraded into Section 2. About halfway through the season we were again regraded into Section 3. With all the personnel changes, disruptions due to COVID which affected at least half of the team at some stage and new players now comprising more than half the squad, this was not entirely unwelcome despite the group being competitive in Section 2.

As the new players learned more rules and the basic skills required, so our teamwork and game play improved. All the team trained hard and began to play with much intensity, reaping the reward for their efforts. During the second half of the season we only lost 1 game and improved our ladder position dramatically. At the end of the season we had played 14 games, won 6, lost 7 and drew 1 finishing 3rd on the ladder and making finals for the first time.

The semi-final was a tight affair, however we were always 1-2 goals up and moved through to the Grand Final with some confidence. COVID struck again on Grand Final day, ruling out Vidya (who had starred at GK in the semi) as well as Coach Viv. Paige (in her first season of coaching) took it all in her stride, stepping up to Coach an extremely tough game, where we started with a bang leading by 3 at quarter time. We maintained a reduced lead of 1 or 2 until late in the last quarter when there was a nail-biting finish and a DRAW (14-14).

In Extra Time, sadly, the impact of such a hard game with reduced numbers and untried combinations, resulted in a gallant loss (17-22) – a truly amazing effort from a group of players who had only been playing netball for a few weeks.

Spring (Section 2)

Zoe & Alexa joined the squad for Spring season, making a group of 11 players (4 experienced and 7 novices in their first or second full season). Bullets were initially placed in Section 3, however after 3 big wins were regraded into Section 2.

Section 2 proved much tougher, as our opponents were now our size or taller, moved the ball much faster and had a better shooting accuracy than the teams we had faced so far this season. The team took some time to adjust to the demands of playing against these better teams. The disruption to combinations due to the number of players in the squad and weather disrupting training resulted in a number of losses. With 3 rounds to play we are sitting 5th on the ladder and look like missing finals having won 6 lost 6 and drawn 1.

Novas – Under 15

Team members: Samantha Bahr, Paige Frost, Amelie Huppe, Francesca Nguyen, Ava Sayce, Katie Delaney, Farrah Hassan, Minh Nguyen, Charlotte Kimpton, Tara Worthy

Coaches: Jess Stevens & Alyssa Newey

Autumn (Section 1)

The Nova's began this year in section 1 of under 15's, completing their first full season since 2019 when they were all only in bottom age 13's! Despite having missed a lot of netball over the past couple of years, these girls had definitely grown in both height and ability. This season was one of some great wins and hard losses, with the team finishing 4th overall and unfortunately going down in the semi-final to Northvale.

To make finals was a huge achievement, leaving lots for the team to learn and grow from in the second half of the year.

Spring (Section 1)

During the Spring season all 10 girls returned to the court, with the team remaining in section 1 under 15's. Throughout this season, the Nova's have shown evident improvement, having had the ability to play every week whilst being able to continually expand their netball knowledge and team work during weekly trainings. This Spring season has boosted the team's desire to make another finals series, with the hope to advance to the final game of the year.

We as coaches cannot wait to see what the girls have in store for them during the remainder of the season, and have no doubt that they will all continue to improve every week and as we prepare to transition into under 17's for 2023!!

Comets – Under 15

Comets – Under 15

Team members: Alizeh Agha, Aisha Hassan, Nethaya Gunasinghe, Manamrit Kaur Takhtar, Prerana Parkdale, Manya

Moorthy, Analise Horvath, Paige Ryan, Maddie Harwood, Georgia Gale (Spring)

Coaches: Sophie Sophie Papafraim & amp; Chloe Frost

Autumn (Section 2)

Spring (Section 2)

Stars – Under 17

Team members: Jessica Bahr, Megan Smedley, Sandra Chaw, Cayenne Rabot, Erin Tan, Katrina Tran, Letitia Lee, Maddie Redlich (Autumn), Chao Xin Cheng (Spring)

Coach: Vito De Cesare, Brooke Kalveras (Spring)

Autumn (Section 2)

The Autumn season was very challenging for Stars. Even though we only won a few games, the experience gained playing in such a strong grade was Invaluable to the each and every player. It gave everyone an insight into where we needed to be to be able to be competitive. Spirits remained high throughout the Autumn and Training was well attended.

The Autumn season gave me a clearer understanding of where each player was best suited on court, and towards the end of the season the girls were playing in more regular positions. We continued to work on set plays and sticking to a set game plan.

Spring (Section 2)

The Spring season again started to be very challenging, but we were beginning to see all the hard work that was put in last year and at the start of the year, paying off.

As I prepare this report Stars are on Second on the ladder and are looking forward to playing finals. It's been very rewarding watching how the 4 younger members who joined the team this year (Erin, Katrina, Letitia, and Xin) have all played above their ages and have held there own against older more experienced players in this Under 17 section. Its amazing how well they have fitted in with the older more experienced girls (Jess, Megan, Sandra, and Cayenne). I have really enjoyed watching the development of the whole team.

Unfortunately, I had taken on far too many commitments this season and I have been unable to attend on many game days but was still taking training on Wednesdays. I'd like to thank Brooke for helping on Saturdays by putting them on court and supporting Stars and myself.

I'd like to thank all the parents for their support throughout the year, for scoring and helping whenever was required.

Vito De Cesare

Sapphires

Team members: Remy Bartlett, Amy Basham, Milly Moschetti, Aileen Nguyen, Novica Pearsall, Alicia Basham, Chloe Frost, Srujani Ravi, Ameera Merza

Coaches: Brad Frost, Tanya Frost

Firstly, I'd like to welcome Srujani and Ameera who accepted an offer to play with Sapphires this season even though they were eligible for U17 with Stars. It was a tough introduction to Open netball for the girls starting of in Section 2 and eventually being put down into Section 3. We may have only won 2 games for the season but the way the girls improved week in week out was fantastic. Covid and sickness hit us almost every week and we constantly only played with 7, often borrowing players from Novas. I can't wait to see how the girls tackle the Spring season and hopefully they can continue to improve and we can get a few more wins on the board

Emeralds – Premier

<u>Autumn season</u>

Team members: Charlotte Bahr, Maya Loeckenhoff, Alyssa Newey, Ally Redlich, Lucy Searle, Jessica Stevens, Sophie Papafraim, Eliza Rogers, Summah Hinchcliffe, Laura Ariens

Coach: Donna Stevens

2022 has been an interesting year for Emeralds, they have all now turned 18, all now finished High School and all now heading down different career and Uni paths. I was not sure what we were heading into when we decided to place them into the 'Premier' section.

Premier section is an hour game and showcases a lot of very strong teams and players. The girls tackled the challenge with both excitement and trepidation. After the first couple of weeks getting used to being back on the court and back on for the full 15-minute quarters the girls found it quite tough and physically demanding. The team worked really hard to build their fitness, play cohesively and strive for the smaller things like winning a quarter or chasing a loose ball. They managed to win 3 hard fought games. One was whilst I was away by 1 goal– I will never forget the excitement of the phone call I received upon that one.

The hardest part about Premier is that there is quite a gap between the top 4 teams and the rest and whilst it was challenging to play these teams knowing they are showcasing the game it can also feel demoralising. Especially with a record loss of over 80 goals.. Yep we found that the indoor scoreboard doesn't have room for a score of 100 or more..

Anyway, highlights of the season were- we weren't bottom of the ladder, we survived and can play 15-minute quarters competitively, our netball and fitness did improve, we love playing inside and we still love playing together.

Special thanks to Eliza Rogers who joined us this season and to Laura Ariens for filling in. You both slotted in so well it felt like you'd been playing with us for years.. Well done girls it certainly was a season to remember.

<u>Emeralds – Open 1</u>

Spring season

Spring season started out with Emeralds in Premier section only to realise that the only team we were competitive with had gone down. After the first 2 games and losing by an average of 35 goals it was decided that we were to head back into Open 1.

Open 1 has certainly had its challenges but the games have been a lot closer and the team has been more competitive across the whole game. Emeralds started off slowly in Open 1 with 2 more loses which saw them sitting on the bottom of the ladder after round 5. However, with a bit of team bonding, and the return of Summah the team have won 7 of the last 8 games. So, after round 13 we sit in 5th position on the ladder.

The aim, as I type this, is for the team to make the finals. Currently sitting equal 5th with 3 games to go, they will need to win all 3 games to have any chance to make the finals. But hey who doesn't like a challenge and who knows what can happen if this team makes finals.

Some special notes: Welcome Laura Ariens permanently to the team; thanks, Summah for juggling footy league netball and Emeralds and playing when she can; thanks to Kasey for coming down to warm up and support the team from the sideline. I'd also like to say that it's a whole new world juggling the (now adults) social activities which now include big nights out with hangovers. Got to say though its lovely to see Emeralds players both new and old still getting together socially after all this time and enjoying each other's company. I have always said a team that gets on well off the court shine on the court. And they do!

A big thanks to the parents who are still coming down to watch and support their girls. Thanks for scoring and making for my job a whole lot easier. Go Emeralds!

Hybrids – Open

Team members: Ashlee Linke, Jessica Hunt, Ely Roufos, Jasmine Delaney, Nikola Stathopoulos, Cassie Le Fleur, Monica Hunt, Brooke Kalverla, Cath Bacus (Autumn), Chao Xin Cheng (Autumn), Caitlin Black (Spring) & Mariam Abbass (Spring)

Team Manager: Jessica Hunt

Autumn (Section 2)

Overall Hybrids had a pretty great autumn season. Beginning the season we struggled to find enough players, like most teams and ended up starting with only six on our roster. However, through much scouting, we found four more wonderful additions for the season. Re-recruiting Monica and Brooke out of retirement, borrowing Xin from another team and having Cath playing with us for the season was just the addition the Hybrids needed. All amazing players, fitting into the team with ease. The Hybrids had a mixture of both wins and losses over the autumn season. As time went on and we became more comfortable with each other we played better as a team.

Even though we were losing our margins were close showing that we were getting the goals in and were a competitive team. With a few great wins at the end of the season we finished in 6th position, which we were quite happy about considering we spent most of the season in 8th position. As team manager, I am so very proud of the Hybrids and their constant determination to consistently play their best and to grow as a team no matter what the circumstances, it is truly inspiring. We are excited to play in the spring season and aim to work hard to make it into the finals.

Spring (Section 2)

Hybrids had a relatively good season, we did not end up winning many games, but I think as a team we have really started to gel together. Unfortunately, we lost Xin and Cath this season, but we did welcome a few new players. With the additions of Caitlin, a great defensive player and Mariam our starting WD. They are two girls who haven't played in a while but have been eager to play and super willing to give everything a go. We did start the year with a few wins, however, with having team members away and playing with new members, we did struggle to really find ourselves as a team for those last few games of the season.

For the Hybrids, it's always about learning, discovering new ways to play and working as a team. At this point, I do believe we are working hard to understand how each other plays and where we can build on this understanding to grow as a team. The more we play and learn the better we become. We are super looking forward to next season to put all our new skills to the test! Even though this Spring season had many ups and downs, the Hybrids are a strong team, are always willing to give it a go and play hard, I couldn't be more proud of this team.

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