

# 2016

## Highvale Netball Club Annual Report



HIGHVALE NETBALL CLUB INC.  
Reg. No. A001 9001 H

**NOTICE OF ANNUAL GENERAL MEETING**

**DATE:** Sunday 20th November 2016

**TIME:** 4pm Presentations  
5:45pm AGM

**VENUE:** Highvale Primary School Hall  
33 Ashton St, Glen Waverley, 3150

**AGENDA AGM:**

1. **5:45pm** – Welcome
2. Apologies
3. Acceptance of the Minutes of the 2015 Annual General Meeting
4. Presentation of 2016 President's Report
5. Presentation of 2016 Treasurer's Report
6. A vote to accept the new constitution
7. Election of members of the Committee for the next twelve months
8. Business section of meeting closed to be followed by Presentations

*Eliza De Cesare*  
*Secretary*

**STATEMENT OF PURPOSE:**

1. To promote, control and manage all teams represented by the club, and to provide healthy recreation for members of the Club.
2. To encourage, recruit and promote the game of netball.
3. To join an Association affiliated with the Victorian Netball Association.
4. To enter teams in any competitions organized by the Association.
5. To enter teams in any competition as approved by the Club Committee
6. To encourage social life and good fellowship amongst members of the club and to promote social functions, athletic sports, recreational activities and pastimes held within the club.
7. To invest in accordance with state laws, any monies or funds of the club with any worthwhile institution as approved by the executive committee.

## HIGHVALE NETBALL CLUB WISHES TO ACKNOWLEDGE THE CONTRIBUTIONS OF THE FOLLOWING PEOPLE:

### Committee 2016

Greg Hunt	President & database manager
Nicole Newey	Vice president
Eliza De Cesare	Secretary & Umpire coordinator
Marion Hoskin	Treasurer
Donna Stevens	Coach Coordinator
Emma Claughton	Communications coordinator
Fiona Bahr	Junior uniforms coordinator
Linda Hallcroft	Senior uniform coordinator
Michelle Pattison	Committee member
Michelle Collins	Committee member

### Coaches 2016

Sophie Papaefraim	Joey's	Lizzie Dent	Hoppers
Kate Smedley	Starlets	Jessica Hoskin	Hoppers
Chris Hatch	Starlets	Viv Potter	Jades
Briony Strongman	Sapphires	Michelle Pattison	Flyers
Donna Stevens	Emeralds	Greg Hunt	Zigzags
Rebecca Stevens	Emeralds	Greg Hunt	Dynamites
Eilish Cook	Magic	Vito De Cesare	Hotshots
Tanna Reynolds	Magic	Liz Joyce	Highlights

### Umpires 2016

Kasey Thompson	Beginner	Kate Drummond	C-badge
Mekayla Mihopolous	Beginner	Eliza De Cesare	C-badge
Zoe Spicer	Level 1	Kristen Green	C-badge
Anokhi De Silva	Level 1	Kim Potter	B-badge
Briony Strongman	Level 1	Jessica Hoskin	B-badge
Tanna Reynolds	C-badge	Zoe Lythgo	B-badge

### Representative players 2016

Gabby Hatch	Melbourne Waverley
Remy Bartlett	Melbourne Waverley
Jessica Stevens	Melbourne Waverley
Alyssa Newey	Melbourne Waverley
Kasey Thompson	Waverley City
Jessica Hoskin	Melbourne Waverley
Zoe Lythgo	Melbourne Waverley
Zahli Spurling	Yarra



## THE HIGHVALE NETBALL CLUB ALSO ACKNOWLEDGES OUR LIFE MEMBERS AND RECIPIENTS OF CLUBS AWARDS:

### Life members of Highvale Netball Club Inc.

1991 Val O'Brien  
2009 Jody De Cesare  
2015 Liz Joyce

1998 Ross Young  
2009 Gayle Green

1999 Colleen McDougall  
2015 Vito De Cesare

### Club Award Recipients

1991 Glenis Mackay  
1991 Sangita Tailor  
1991 Colleen McDougall  
1991 Emma Splatt  
1991 Debbie McDougall  
1993 Ron Waldron  
1993 Sue Mackay  
1994 Ross Young

1995 Katrina Hall  
1995 Leanne McDougall  
1996 Colleen McDougall  
1999 Michael Hall  
1999 Merrill Pohlen  
2000 Trish Hall  
2001 Pam Bartlett  
2003 Christine Chalmers

2007 Leanne McDougall  
2008 Bob Cave  
2010 Sue Allen  
2010 Vito De Cesare  
2011 Liz Joyce

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## PRESIDENTS REPORT

Once again another year draws to close and it is with pleasure that I present my 4<sup>th</sup> presidents report. Not unexpectedly, the year has been a smooth one for your committee and club in general.

With time comes knowledge and wisdom and the club is indeed fortunate to have a dedicated and now experienced committee.

The Winter 2016 season saw 15 Highvale teams take court. Six in Open and nine in the Under 11 – 17 grades. Although ten teams made it to finals, a great effort, we were unfortunate not to secure any Premierships. Congratulations to the Diamonds (Open 5) and Emeralds (Under 13, section 1) who played in their respective Grand Finals.

This Spring season, we entered 14 teams, five in Open and once again nine in the under 17 age groups. The season saw the Highlights hang up their dresses after many years of success throughout their playing time with the club and we wish them well in their future endeavours.

Player recruitment continues to be a focus of the committee. As a club we are quite well represented across all sections and ongoing recruitment is required to ensure this continues. Once again we held a 'come and try' day during one of the training sessions but unfortunately numbers were quite low due to inclement weather at the time. I'd like to ask you all that you put the word out to your friends in all age groups that we're always open to new enquires and well do our best to accommodate in the various age groups.

I'd like to recognise our dedicated coaches and team managers. Without their efforts, our teams would not be as competitive as they are or be ready to take court each week. Special thanks this season to Vito and Eliza De Cesare, two of our senior and experienced coaches who have at times joined us during the junior coaching periods to pass on their knowledge and experience. Thank you to Donna for coordinating our coaches throughout the year. On a more personal note, I've found coaching to be a most rewarding experience and I ask that if you have any interest in coaching, please reach out to Donna. As a club, we'll provide you with many resources and support.

This year the Waverley City Netball Association drafted a new constitution which was sent to clubs for review. Your committee spent considerable time reviewing and recommending changes. Many of our recommendations were accepted and the association now has a modern and clearly understood constitution.

Another change will be the implementation of a new registration process. This will be 100 percent online and you will initially be able to purchase your club and Netball Victoria memberships. The online process will also enable you to update your personal details and will result in a single data set for the club, association and Netball Victoria. Payment can also now be made with credit card or an offline payment directly to the club.

As you will know, we were unable to continue training at Jells Park this year due to expanding Waverley Night netball competitions. Although annoying that we were not informed of this until the last minute, we were able to secure a permanent booking at Sportlink. Thanks to the committee members who reviewed available venues and gathered the applicable data.

Thank you to all the committee members who have been instrumental in the successful and smooth running of the club. I'd especially like to acknowledge those that undertook office holder or coordinator roles. Namely, Nicole - Vice President, Eliza - Secretary and Umpire Coordinator; Linda and Fiona – uniform coordinators; Donna - Coach Coordinator; Marion – Treasurer; and, Emma – Communications Coordinator; thank you all for your help.

Nothing lasts forever and it is with a fond farewell that we see Emma Cloughton and Linda Hallcroft finishing up their time on the committee. Thank you both for your help, dedication, assistance and as always, your good will and humour.

This does leave us with vacancies on our committee list. I earnestly ask you to strongly consider joining us on the committee. Being on the committee is a great opportunity to not only contribute to the running of the club and ensuring a great netball experience for your daughter, but also being part of a group of likeminded people and share in the satisfaction of a job well done.

Finally, thank you, parents for being a part of our club; scoring, providing fruit/lollies and supporting your daughter(s) throughout the year. I wish you all a very joyous and safe Christmas period and the all the best for the New Year.

**Greg Hunt**

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## **TREASURERS REPORT**

October 31 2016

The enclosed financial statements have been prepared for distribution to members and presentation at the Annual General Meeting.

These reports have been prepared by the Treasurer from bank statements, cheque books, invoices etc., all kept and under the control of the Treasurer.

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The clubs finances are secured by a strong balance sheet made up primarily of cash at bank of \$ 14,598.27. The Profit and Loss for 2016 showed a small gain of \$350.71. Stock of uniforms has increased to \$5,675.00 at 31/10/16 compared with \$4,190.00 at 31/10/15.

I would like to thank all the committee members for their time and dedication to the club this year.

I wish all players success in the last few weeks of the season and good luck to the teams making it to finals.

**Marion Hoskin**

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### **Highvale Netball Club Inc. Balance Sheet @ 31-Oct-2016**

#### **Current Assets**

Cash at Bank	14,598.27
Uniform Assets on Hand	5,675.00
Trusts	0.00
<b>Total Current Assets</b>	<b>20,273.27</b>

#### **Current Liabilities**

Outstanding Cheques	-253.00
Tax Liabilities	0.00
Trusts	0.00
<b>Total Current Liabilities</b>	<b>-253.00</b>

**Net Assets** **20,020.27**

**Total Equity** **20,020.27**

**Highvale Netball Club Inc.**  
**Profit & Loss @ 31-Oct-2016**

<b>Revenue</b>	<b>2015</b>	<b>2015</b>
Spring Club Fees	9,890.00	8,800.00
Winter Club Fees	14,473.00	14,640.00
Winter 2016 Club Fees	0.00	247.00
Spring 2014 Club Fees	720.00	160.00
Uniform	2,930.00	2,585.00
Interest	4.22	4.28
Umpire Fees Received	0.00	0.00
VNA	3,660.00	4,811.00
Photos	0.00	0.00
* Other	3.50	192.00
<b>Total Revenue</b>	<b>31,680.72</b>	<b>31,443.28</b>

**Expenses**

Uniforms	3,169.47	5,326.18
Team Registration	14,166.00	12,936.00
Umpire Payments	3,603.50	3,123.00
Petty Cash	0.00	20.00
VNA Expenses	4,140.00	5,009.00
Court Hire	1,839.00	1,628.00
Trophies	2,042.10	1,483.90
Website	165.00	0.00
Coaching Courses	417.42	150.00
Equipment	545.74	657.24
* Sundry Expenses	0.00	440.40
AGM Expense	801.78	708.66
Printing & Stationery	0.00	0.00
Payment Refund	360.00	0.00

Forfeit Fines	80.00	33.00
Umpire Fines	0.00	157.50
<b>Total Expenses</b>	<b>31,330.01</b>	<b>31,672.88</b>
<b>Net Operating Profit / (Loss)</b>	<b>350.71</b>	<b>-229.60</b>

- \* Other/Sundry Expenses  
 \$165.00 - Consumer Affairs - Change to Constitution  
 \$53.00 - Annual Consumer Affairs Statement  
 \$192.00 - Refunds for overpaid fees

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**Highvale Netball Club Inc.**  
**Cheque Account Reconciliation @ 31-Oct-2016**

**Bank Statement Reconciliation**

**Bank Statements**

Bank closing balance as at 31 October 2016	14,598.27
Bank opening balance as at 1 November 2015	14,755.06
	-156.79

**Highvale Income Reconciliation**

**Period 1/11/15 to 31/10/16**

Total expense transactions	31,330.01
Total income transactions	31,680.72
Add back (current year raised) Unpresented cheques @ 31/10/16	0.00
Deduct prior year cheques presented current year	-507.50
	-156.79

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**Highvale Netball Club Inc.**  
**Bank Reconciliation @ 31-Oct-2016**

<b>Period ending</b>	<b>31-Oct-16</b>
<b>OPENING BANK BALANCE @ 01/11/15 (PER STATEMENT)</b>	<b>14,755.06</b>
<b>PLUS RECEIPTS 01/11/15 - 31/10/16</b>	<b>31,680.72</b>
<b>LESS PAYMENTS 01/11/15 - 31/10/16</b>	<b>-31,330.01</b>



<b>PLUS UNPRESENTED CHEQUES</b>	<b>253.00</b>
<b>LESS UNPRESENTED CHEQUES @ 31/10/15</b>	<b>-760.50</b>
	<b>14,598.27</b>
<b>BANK STATEMENT BALANCE @ 31/10/16 (PER STATEMENT)</b>	<b>14,598.27</b>
VARIANCE TO BANK STATEMENT	0.00

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**LESS UNPRESENTED CHEQUES @ 31/10/16**

B. STRONGMAN	369008	-78.00	
L. JOYCE	369026	-144.00	
G. SANDS	369040	-5.00	
S. PAPAEFRAIM	369051	-26.00	253.00

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## **COACH CO-ORDINATORS REPORT**

This is my third year as Coach Co-ordinator for Highvale and I am delighted with the calibre of coaches that we have. I can't thank them enough for their organised, enthusiastic, patient, supportive, knowledgeable, caring and passionate approach they have all displayed. They are volunteers who give up their valuable time and energy to bring about successes in each and every one of our players and teams.

As coaches, we are teachers, managers, leaders, mentors, psychologists, strategists, communicators, motivators and promoters of the sport – I have enjoyed watching each of our coaches wear all of these hats, sometimes all at once, as they have refined their own coaching philosophy over the year.

For 2016 we opened the season with two Under 11 teams, Joeys and Starlets. Joeys are all new players to the game of netball and with Sophie Papaefraim at the helm, we have some very enthusiastic and talented netballers. Sophie, with her drive and energy, has taken on the challenge and inspired our youngest members of the club. Watch this space for our stars of the future! Starlets who entered their last year in Under 11's have had a great year under the experienced and organised eyes of Kate Smedley and Chris Hatch. Your patience and ability to motivate these girls to enjoy and continue to play netball is an inspiration.

Under 13's has seen a huge year for Emeralds who have (at the time of writing this) only lost 3 games all year. Unfortunately, one of them being a Grand Final in Winter. Spring hopefully will provide these guys with a long sort after Grand Final win. Either way, as coach, they never fail to inspire me with their energy, enthusiasm and love for the game of netball. 2016 has seen the introduction of a new Highvale team, Sapphires. They started off the year with limited players but after some quick recruiting have a strong and healthy team. They come under the watchful eye of Briony Strongman who is new to our coaching team, but brings with her a wealth of

netball knowledge and enthusiasm. Briony has been joined in the second half of the Spring season by Vito De Cesare as she now has work commitments on a Wednesday night. Big thanks to all of you for coming together to help guide and mentor these girls. At the time of writing this they sit second on the ladder. Inspirational!

In Under 15's, Highvale have three teams in 2016. Liz Dent and Jessica Hoskin with Hoppers, Eilish Cook and Tanna Reynolds with Magic and Viv and Kim Potter with Jades. A big thank you goes out to all of these guys with their energy, drive and enthusiasm. This age group provides its fair share of challenges and all of these ladies have found inspiring ways to keep their girls interested in the game of netball and willing and able to turn up each Saturday to play netball. Special thanks to Jessica and Eilish who have been juggling VCE this year and coaching - Thanks, guys.

Michelle Pattison has continued on with Flyers in their first year in Under 17's. Michelle is an inspiration bringing her enthusiasm, energy and drive to the team. She has only had seven players for most of the year, but she continues to encourage, reassure and support these girls and the results are being shown on court. At the time of writing this they remain undefeated so far for Spring. Well done!

With 2016 being their last year in Under 17's, we have Zig Zags, under the watchful eye of Greg Hunt. Greg continues to encourage, mentor and support these girls. I have had the pleasure of watching these girls this year especially during the Spring season and I am delighted to see such lovely caring girls who support each other both on and off the court. An inspiration to your mentoring Greg.

Our 2016 coaches are all to be thanked and congratulated for the successes they have achieved over the year. Their role is largely underestimated and forever growing, yet they manage to create a fun and safe environment to empower our players, provide opportunities, build confidence and reflect shape, focus and enhance play to promote our game.

Coaching is a valuable skill in itself, and I encourage anyone who may be interested to take advantage of the coaching opportunities available within the club. No matter how experienced you are Highvale NC is a great place to learn the ropes. Any coach will tell you about the great feelings of satisfaction that coaching provides, no matter how small the feat. Our proud tradition of fair play, mateship and inclusiveness stems from our coaches and we are very thankful for their time effort and patience they continually volunteer.

Congratulations on a fantastic year – good luck in finals!

**Donna Stevens**

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## UMPIRE CO-ORDINATORS REPORT

I am very lucky that Highvale has such a outstanding culture that our fantastic umpires have continued to make this role an easy one for me. The club and I are so grateful for their commitment, dedication and pride they continually give to their umpiring. A huge 'thank you' to our umpires who have offered their services this year - **Zoe Lythgo, Kim Potter, Jessica Hoskin, Kate Drummond, Tanna Reynolds, Briony Strongman, Zoe Spicer, Mekayla Mihopoulos, Anokhi De Silva and Kristen Green.**

It was a particularly tricky start to the year for our umpires who had to learn and adapt to the new and modified rules imposed by the International Netball Federation. As players, you would have noticed changes in when the whistle was used, hand signals and the setting of penalty passes. There were also changes to how the centre pass could be taken, variances to the interpretation of some existing rules, as well as changes to injury time and how official warnings were given (hopefully none of our players had to experience the last two!). These changes meant our umpires had to attend meetings early in the year and take time to learn these changes - thank you all for your perseverance and commitment through this process. For anyone interested, there are a series of videos that have been uploaded to YouTube which clearly explain the new/modified rules (link also on our facebook page).

Kasey was our newest beginner umpire to put on the whites this year (Spring) and has made a fantastic start to her umpiring campaign. She now joins Mekayla, Zoe Spicer and Anokhi in our squad on their quest in achieving their first umpiring accolade - to be awarded their C-badge. Our squad of badged umpires has stayed quite stable this year, though we are hoping to expand our pool of badged umpires over the next few years to continue to provide stability to this role. Growing our number of Under 11 teams assists in this process, as we are then able to start more beginner umpires.

The fantastic development program offered by Waverley City and Waverley Night Netball Associations continues to see our umpires, at all levels, to be coached to ensure ongoing improvement in their umpiring. You only have to play or spectate at any other association to realise just how great the umpires at Waverley are, and if you are interested in learning the ropes, I can say with confidence that Waverley is the place to learn.

(Unfortunately) It is true that without umpires, there would be no game - please be mindful that umpires of our junior games are learning too, and they have to start somewhere! So many junior umpires give the job away due to the criticism and stress they receive from the sidelines. Highvale has such a lovely culture and I hope that our members and families can acknowledge the great job that all our umpires do. If anyone has any questions about the rules, how umpiring is scheduled at Waverley City NA or if you would like to start umpiring, please just ask - we'd be happy to help!

**Eliza De Cesare**

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## **TEAM REPORTS**

### **Joeys – Under 11**

**Team members:** Alizeh Ali Agha, Samantha Bahr, Isla Bierenbroodspot, Paige Frost, Amelie Huppe, Francesca Nguyen, Ava Sayce, Talya Wee, Ella Vimpani (Winter), Layla Collins (Winter) Katie Delaney (Spring)

**Coach:** Sophie Papaefraim

**Winter (Development - Green)**

This year was my first year coaching an Under 11s side and I have thoroughly enjoyed every moment of it. Week in and week out, these girls put in all of their energy to being the best netballers they can be and I couldn't be more proud. Throughout this season, the Joeys managed to get a few wins under their belt, along with some losses, to which they still kept their heads held high with every match being an improvement over the last. Unfortunately we had to face some new opponents after we got bumped up a section, so this meant more losses than wins, however the attitude of the girls remained the same, with a determination to continue to win and improve. With that, each week the girls gained a better understanding of the game and what they needed to do, both as a team and as individuals on court, to come out with a good result.

### **Spring (Development 1)**

This season got a little more difficult; Joeys got moved up yet again, which meant that the girls they were playing were not only a head taller than most of them, but they had also had an extra season of experience under their belt. None the less, the Joeys improved more and more each week, understanding how to move around the court with ease and communicating as a team to achieve the best possible outcome. A fair few weeks into the season the Joeys got moved back in to the section that they had teams that were at about the same skill level and height as them, which in turn gave them more confidence when facing their opponents. All in all a fantastic end to the season.

## **Starlets – Under 11**

**Team members:** Jessica Bahr, Alicia Basham, Maya Crombie, Gabriella Hatch, Lily Rose Mlinar, Srujani Ravi, Maddie Redlich, Megan Smedley, Ella Vimpani

**Coach:** Kate Smedley

**Assistant coach:** Chris Hatch

This was the second year that Chris and I coached Starlets, and they have developed into a very well-rounded, tight-knit team. Six of the girls have now been playing together for over two years (Jessie, Alicia, Gabby, Lily Rose, Maddie and Megan), we welcomed Ella back to Starlets in the Spring season, and with a couple of older Starlets moving up to U13, we were pleased to welcome two newcomers to the team, Maya and Srujani.

### **Winter (Section 3)**

Coming off the previous season where we were undefeated, we were moved up two sections, which was a lot more competitive. The girls continued to play well, and we finished the season in 3<sup>rd</sup> position, with 8 wins, one draw and 5 losses (one of which was a forfeit due to state aerobics commitments for 6 of the girls).

### **Spring (Section 3)**

Starlets remained in section 3, and it has been a very tight competition, and with two games to go, they are sitting on top of the ladder with 6 wins, 1 loss and 1 draw. Apart from one win with a margin of 20 goals, all the other games have been very close, with an average margin of 2 goals.

The focus of our training sessions this year was to build on basic skills, and to incorporate more complex drills. All girls participate enthusiastically in training, and listen well. We continue to rotate the girls through all the positions on game days, so that they learn about all aspects of the game. I can put each girl in any position on the court and be confident that they know what is required in each position. As the girls move up to under 13s next year, I can definitely see some budding specialist shooters, defenders and mid court players developing.

Due to work commitments, this is my last season of coaching. It has been great working with all the delightful friendly girls, and I hope they continue to play together and maintain the strong team that they are. Thank you to Chris for providing me with fantastic assistance over the last 18 months. It has been a pleasure coaching the Starlets, and I wish them every success for the next stage of their netball!

## **Sapphires – Under 13**

**Team members:** Lailaa Ali Agha, Remy Bartlett, Amy Basham, Lauren Tie, Tulasi Pawar (Spring), Aryl Teh, Aryn Teh, Nicole Abbasszadeh (Winter), Yena Rim (Winter), Novica Pearsall (Spring), Sehansa Ranawaka (Spring),

**Coaches:** Briony Strongman

### **Winter (Section 4)**

The start of the year was tough for Sapphires; we were a new team, with a mix of new and old players. We had a slow couple of games to start the season off, however after 2-3 weeks of playing, the girl's began to knit together and become one of the stronger teams in our division. Throughout the season we gained and lost players and it was often that we didn't have an U/13 volunteer to get us up to 7 on the court. We made it through to the second week of finals and unfortunately lost, but did amazingly well to get where we did! It's safe to say anyone that had watched the girl's from week to week, they'd gained so many new skills and become such smart players!

### **Spring (Section 6)**

The spring season sprung across Sapphires with a bang, we were sad to lose Yena and Nicole, but managed to pick up Tulasi, Novica and Sehansa, all very valued players! Sapphires also managed to gain the best coach in the business, Vito! By round 3 every player on court had worked out which foot they'd landed on every time with the help of a coin

in one shoe. With a full team, coaches were able to experiment with positions and Sapphires hardly lost a game all season. Thanks to Vito, the girls have mastered basic skills such as landing, keeping the ball to one side of the court and of course discipline! Spring has been a great season and it's been a pleasure to watch the girls improve from week to week! Go Highvale!

### **Emeralds – Under 13**

**Team members:** Charlotte Bahr, Paris Collins, Alyssa Newey, Ally Redlich, Lucy Searle, Jessica Stevens, Kasey Thompson, Meaghan Hallcroft (Winter), Hannah Jefferis (Spring),

**Coach:** Donna Stevens

**Assistant coach:** Rebecca Stevens (Winter)

#### **Winter (Section 1)**

Wow what a season for this talented group of girls. Winter season, section one, seemed daunting at first, but after winning the first 5 games quite convincingly, we knew we were ok. We drew game 6 against St Leonards but lost to a very strong Brentwood in game 7. The second half of the season saw some closer, hard fought games, but we managed to only lose one more against St Leonards whilst winning our last game of the season against Brentwood by a very gallant 9 goals.

Our aim at the start of the season was to make finals and that is exactly what we did. Beating Brentwood gave us 2<sup>nd</sup> spot on the ladder and a double chance to make the Grand Final. Our only issue was that we knew we would lose 2 of our strong players for both the Preliminary and Grand finals. Luckily knowing this early enough allowed me to qualify 2 players from another competition– Emily Brennan and Eliza Rogers. Thankfully they slotted in beautifully to Emeralds and allowed us to have 10 players eligible to play finals. Our best case scenario was to win the semi final which would allow us to go straight into the Grand Final and avoid having to play the Preliminary Final without 2 of our players. It was a hard ask against St Leonards– or was it? These girls are amazing they trained hard and brought their 'A game' to play St Leonards, who we beat by 13 goals. Not bad for their first final in Under 13's. I was one very thrilled and excited coach because I also wasn't going to be able to coach these girls in the Grand Final.

A big thanks to the lovely Liz Dent who stepped into my role for the Grand Final; we got to meet Brentwood. Unfortunately the girls couldn't do it again and they lost 29 to 12 (I watched via skype in Queensland!). A great effort by all concerned; Brentwood were the better team on the day and with the experience of finals, it has made the girls hungrier to win next time. Bring on Spring. Special thanks to Rebecca for assisting me this season!

#### **Spring (Section 1)**

In Spring we said goodbye to Meaghan Hallcroft and hello to Hannah Jefferis. It didn't take the team very long to adjust to a new player with the winning of 6 of the first 7 games. The only hiccup being a very hard fought draw against St Leonards – yet still at this stage no loss. This now sees us sitting on top of the ladder and hopefully heading into our second finals for 2016.

On the 18<sup>th</sup> September, Emeralds also played in the WDNA Kalkaringi Club Tournament. It was a great team bonding experience for the girls. They played some fantastic netball and not only did they have a ball, but they ended up winning the Grand Final in the Under 13 section by 2 goals. Awesome effort girls! I am extremely proud and lucky to have a group of girls who are such passionate, dedicated and loyal supporters of the game of netball. They are all great mates on and off the netball court and they share a love of netball, so this shows in their play and their dedication to trainings each week. There is rarely a training session where I don't have 8. Whatever happens in the finals happens, but I know one thing for sure, they will give it their all. I'll be the one screaming from the sideline!

Special thanks to the fantastic parents who support my crazy ways and tell me to pull my head in when necessary and my absolutely gorgeous girls who put up with a grumpy, happy and crazy coach all at once. Bring on finals!

## **Magic – Under 15**

**Team members:** Laura Adams, Cailien Gleeson, Macarena Izzo, Emma Johnston, Ellen Tofts, Mia Ward, Zoe Spicer (Winter), Hannah Jefferis (Winter), Nicole Abbasszadeh (Spring), Yena Rim (Spring), Mikeely Wilson (Spring)

**Coaches:** Eilish Cook & Tanna Reynolds

### **Winter (Section 5)**

At the beginning of 2016, Magic moved up to the Under 15s section, and so the team was rearranged, however the girls were able to adjust well to the move. During this season, the girls were able to work hard and refine their skills in particular positions, and as a whole, the team was able to strongly play in attack and defence. We had a remarkable season, and by the end, the girls were very confident in the positions that they had assumed and the teammates that they were working with.

There were a few hiccups throughout the season, with Zoe injury her hand, and Hannah injury her ankle. Due to this, we went a few weeks where we were short a player or two, but the girls were able to adjust well and work with fill-ins effectively.

Eilish and I (Tanna) were very proud about how the girls progressed, and all the effort that they put into the season.

## **Spring (Section 6)**

Again, in this season, there were a few changes to Magic, and we were joined by Nicole, Yena and Mikeely. All the girls were able to work together efficiently, despite a learning curve that they had to adjust to at the beginning. The season saw a few girls moving into new positions, and others learning to further improve the ones they had played the previous season.

Many of the girls improved vastly from the start of the season, and Eilish and I continued to push the girls to achieve their personal best. Every week, we saw to it that the girls improved on little aspects at a time, in order to enhance their overall netball skills.

We encourage all the girls to keep giving it their all, and not be afraid to try new positions or learn new skills and systems.

Eilish and I would like to give a big congratulation to all the girls for the effort they have put into this year, and we'd like to say how proud we are of all your achievements. We'd also like to thank Donna, Eliza, Nicole and Vito for their help and assistance throughout the year, and the rest of the Highvale Committee for all the work they do. Lastly, we want to thank the parents for their help and encouragement this year that they've provided their girls.

## **Hoppers – Under 15**

**Team members:** Charli Bartlett, Delaney Gray, Angelina Li, Michelle Lim, Helini Mendis, Felicia Nguyen, Kay Nixayathirath, Courtney Smith, Laura Wang

**Coach:** Lizzy Dent

**Assistant Coach:** Jessica Hoskin

## **Winter (Section 5)**

This season we were moved into U/15s for the first time. This proved a challenge at the start as we were playing girls with stronger and taller bodies and were having umpires with more experience that were calling things we had never been called for before. The girls adjusted really well over the first few weeks, were eager to learn the more complex rules and improved their netball as a result!

We were happy to welcome Courtney and Michelle to our team, who both fitted in really well. Courtney has become a very strong defender and Michelle an excellent midcourt player. All the girls continued to improve their netball and even though we had a tough time winning a game, the standard of the games were really good to watch, with heaps of positives out of each match. Thanks also to Jess, who has helped me coach this season. It's great for the girls to have a different voice!

## **Spring (Section 6)**



What a difference one season made! A season focusing on improving our own skills saw our netball improve out of sight. Our goalers, Felicia and Delaney, have made a fantastic team and look like they've played together for years! Michelle, Kay, Laura and Helini have been very versatile in the midcourt and Courtney and Angelina have made a strong defensive team. We have spent most of the season in the top 2 with a very tight section. Most of the games have been very close and we will need to wait until the last game to find out if we have made finals this season. Regardless of whether we make finals or not, I am so proud of these girls. Not just of their improvement, but also of their commitment to games and trainings and the positive energy that they bring to every single session. You have been an absolutely amazing team to coach!

### **Jades – Under 15**

**Team members:** Sneha Mantha, Mekayla Mihopoulos, Bianka Mlinar, Emma Moffat, Caylie Moore, Ritika Singh, Gemma Thompson (Spring), Mia Trembath, Yuko Ito-Kay (Winter)

**Coach:** Viv Potter

#### **Winter (Section 4)**

We moved up a section this year and took a little time to adjust to the faster speed and higher intensity in the new division. During the middle of the season we played some great netball; putting in to practice the systems we practised at training and reaping the rewards of some hard work; with a series of good wins. Sadly, a horror run of injuries and absences meant we just dropped out of finals finishing fifth.

#### **Spring (Section 5)**

We farewelled Yuko and welcomed back Gemma, returning after a season's hiatus. Injuries and absences meant we had to borrow players most weeks and our on-court performances reflected this. Despite several close losses (by 1 or 2 goals) it wasn't until the second half of the season that we finally recorded a win. The skills of individual players continue to improve and when everyone was present we played some high quality netball laying a good foundation for next year.

### **Flyers – Under 17**

**Team members:** Jessica Andrew, Tahlia Motta, Rylee Pattison-Moore, Olyvia Pedelty, Sofia Roufos (Winter), Rebecca Stevens (Winter), Natasha Westbury (Winter), Mia Motta, Farah Soltani (Spring), Zoe Spicer (Spring), Tamara Woolrich (Spring),

**Coach:** Michelle Pattison

## **Winter (Section 4)**

Flyers got off to a bit of a slow start to our winter season, with our first 3 games being outplayed on the day. To the girls' credit, we worked on our game plan and skills and won the next 5 games. Unfortunately Tash sustained an injury which ended her season with the Flyers. Luckily for us, Mia Motta joined our team and brought a strong skill set and playing ability. We went on to win the next 5 games giving us confidence and enabling us to be more competitive.

We finished 4<sup>th</sup> on the ladder but were able to defeat the top team which was an incredible result with every player putting in 100%. This enabled us to play in the semi-final which unfortunately we were beaten by the better team on the day by one 1 goal.

During the season we were fortunate enough to have help from our fellow Jades team members who helped us out when we were short. We would sincerely like to thank those players who played with us.

## **Spring (Section 4)**

This season we welcomed Farah Soltani and Tamara Woolrich to our Club and Team who have both fitted in and brought passion and strong skills which have seen us get off to an incredible start to the season having won all but one of our 8 games at the time of writing this report. We sadly said goodbye to Rebecca Stevens joining the Zig Zags and Sofia Roufos to pursue other interests. We wish them every success and sincerely thank them for their contributions over the many years in the Flyers team. We have also been extremely fortunate to welcome back Mia Motta from illness.

Having one game left prior to finals, I believe if the girls bring their passion and team spirit to the game, we should go all the way. I wish them every success and have enjoyed every minute of being to coach and develop this playing group. Nothing is ever too hard and they want to grow and better themselves each week. I am so very proud of all of their achievements.

As per usual, we could not do this without the help of our parents who bring the girls to training, help out with the scoring and game refreshments and get the girls to the games each week. Thanks so much for your support. Go Flyers!!!!

## **Zigzags – Under 17**

**Team members:** Tina Anagnostou, Anokhi De Silva, Kirsten Hallett, Natalie Hill, Jessica Hunt, Tanna Reynolds, Elysia Roufos, Rebecca Stevens (Spring)

**Coach:** Greg Hunt

### **Winter (Section 3)**

Once again it is my pleasure to present the Zigzags annual report. As always, I consider it an honour and a pleasure to have the opportunity to coach and participate with these wonderful young ladies. I continue to be impressed and proud of their work effort, fair play ethos, willingness to help and encouragement they give each other and their ever improving netball skills.

After completing our first year in under 17s, we looked forward to better results in 2016. Although we only had a squad of 7 for the season, the girls pulled together and with the help of second gamers from Flyers, some great results were achieved. This resulted in us finishing 3<sup>rd</sup> for the season and making finals.

We won our semi-final but unfortunately due to injuries and player non-availability we had to forfeit the preliminary final. However, it was a great result for the season and it was good to see the girls have some well-deserved success

### **Spring (Section 2)**

This season we welcomed Bec Stevens to the Zigzags, giving us a squad of 8 and some long desired position flexibility. With some success in the Winter season, came promotion to section 2 for Spring. Unfortunately our Winter success hasn't been duplicated in Spring. However, we have had some very close results, a couple of wins and as always the girls have played hard, fair and always with a smile.

Next year will bring a whole new set of challenges for the team as we move into Open in 2017. First year of Open is never easy as the competition parameters change with many opposition players sometimes having decades of experience behind them and a few tricks up their sleeves. Nonetheless, I know that the girls will rise to the challenge and continue to learn new skills and enjoy their netball.

Finally, thank you to all the parents that supported me throughout the year. Knowing that I can rely on the girls being at court on time, oranges/lollies provided and scoring undertaken makes my role much easier.

### **Hotshots – Open**

**Team members:** Sophie Antidormi, Olivia De Cesare, Jessica Hoskin, Zoe Lythgo, Samantha O'Dea, Kim Potter, Zahli Spurling, Sarah Brownell (Winter) Grace De Cesare (winter)

**Coach:** Vito De Cesare

**Assistant Coach:** Olivia De Cesare

### **Winter (Open Section 1)**

What a fantastic year it has been for me to be coaching this group again in 2016. Such a fantastically talented and enthusiastic group of young women. A very tough season for us, finishing 3<sup>rd</sup>, but invaluable as far as playing teams with much more experience. A huge amount was learnt and I'm sure was in part the reason why we did so well in the night competition. Hotshots went on to play the Open Section 2 competition on Wednesday nights in Winter, finishing 4<sup>th</sup>, and then played Section 1 in the Spring comp but unfortunately have only won one game playing against women often twice their age and experience.

The decision to play in an Open Section 1 and 2 on a Wednesday night instead of training, together with the experience playing against much older girls/women, has been invaluable! Hotshots realised quickly how talent sometimes isn't enough to combat against cunning experience that the older women have!

### **Spring (Open Section 1)**

At the writing of this report Hotshots are currently 2<sup>nd</sup> with one week to go and will be playing in finals. As a Coach I have demanded a lot from this group, and they haven't let me down once! It has been fantastic to be involved in their development and I hope they have enjoyed the year as much as I have.

I would like to thank the fantastic group of parents that come along EVERY WEEK and who have supported me and have never questioned my coaching style, which I'm sure makes them cringe at times. I don't apologise for this, as I strive to get 100% out of the team.

A personal thanks to all the parents that have scored during the year but especially Mark Hoskin for scoring almost every week and helping me with any tasks I asked of him. Also Marion Hoskin for "Team Managing" again this year and giving me feedback and support whenever I asked.

### **Sparklers – Open**

**Team members:** Emma Claughton, Lizzy Dent, Megan Jepson, Grace Sands, Shaniya Vilash, Avanthi Wickramasuriya, Danielle Foster, Eliza Marks, Briony Strongman

**Captains:** Lizzy Dent & Emma Claughton

### **Hurricanes – Open**

**Team members:** Susie Cavanagh, Eliza De Cesare, Kristen Green, Maddie Lythgo, Tarryn Meyer, Sophie Papaefraim, Emily Tso, Samantha Hallcroft (Winter), Anne Tambakis (Spring)

**Captain:** Eliza De Cesare

## **Winter (Section 2)**

Our Winter season came down to the wire in the last Home and Away game, having to secure a big win to make finals. Following the game, which we lost, we were frantically trying to calculate our percentage against Sparklers' result, who also had a loss, to figure who had made finals, and who was then available to qualify with Hotshots as an emergency. Luckily for us, Sparklers lost by more and we scrapped into the top 4 on percentage. Unfortunately, we faced the top team the week after with six players, which soon became five after an injury on court during the first quarter, and we got smashed.

## **Spring (Section 2)**

We were so excited to officially welcome Susie onto our list, who had become a regular fill-in in Winter, giving us the luxury of 8 players. The "luxury" of having the option of rotating the extra player only happened once however, though Hurricanes have historically enjoyed success with very minimal rotations. Anne also joined us, giving us another strong option in defence to compliment Maddie and Sophie. We have experienced quite an inconsistent season, enjoying a couple of wins and suffering from some win-able narrow losses - our most enjoyable game being our draw against Highvale Sparklers early in the season (we won't talk about our second encounter - well done, Sparklers).

Thank you to all those who have scored for us over the year - our sidelines have been quite thin this year, but there has always been someone who has been willing to score for us: Gayle, Linda, James, Jill, Sox, Desie and Mia - thank you!!

## **Dynamites – Open**

**Team members:** Anna Clarkson, Shana Chitty, Shannon Davidson, Monica Hunt, Nicola Joubert (Winter), Lauren Judkins, Jill Meggs, Kimberley Pakshong (Winter), Cara Schelleman, Michelle Stackpoole, Evonne Tong (Winter), Elise Wattie.

**Captain:** Monica Hunt

## **Winter & Spring (Section 4)**

We have had an array of players this season, at least on score sheet it says we do. In reality, it was often difficult to make 7 each game, due to various commitments. Nonetheless, the Dynamites had a solid season in both Winter and Spring. In Winter season, we were in Open 4 and the team had several wins, which helped us reach the semi final. Unfortunately, we lost the semi final, but we gave it our all, and it was an achievement in itself to make it. For Spring season, it was simply history repeating itself. We were in Open 4, won majority of our games, sometimes struggled with numbers, and will now have a shot of getting into the semi final. My prediction is that similarly to the Winter competition, we may fall short of making it to the grand final, but we can only see what happens!

Ultimately, Dynamites have been consistent in their performance, despite undergoing copious player changes. Our remaining squad, Anna, Shana, Lauren, Jill, Cara, Michelle, Elise and myself, have continued to foster great netball and personal relationships. It is always a joy to play with these ladies, whom each play an integral role to the continuation of this team. Our next step is to finally reach a grand final, and with our consistent performance, this might be soon fulfilled.

Special thanks to Shannon being a regular fill in, to Nicola, Kimberley and Evonne playing with us in Winter season, and to Greg our ever faithful 'assistant team manager/chief cheerleader'.

### **Randoms/Diamonds – Open**

**Team members:** Amanda Abbass, Mahila Abbass, Danielle Buswell, Ashlee Clark, Clare Dhillon, Kate Drummond, Sherry Wang, Tanja Karac (Winter), Celine Wan (Winter), Kaitlen McKinley (Spring), Ashleigh Sellar (Spring)

**Captain:** Mahlia Abbass

### **Highlights – Open Premier**

**Team members:** Lauren Cook, Grace De Cesare, Bronwyn Dent, Belinda Drummond, Laura Fox, Carly Ioannidis, Laura Joyce, Gabrielle Keegan, Jennifer Leung

**Team Manager:** Liz Joyce

#### **Winter (Premier)**

It is with a little sadness that I write what will probably be the last team report for Highvale Highlights. Highlights first came together in 2001 as a Netta team (NetSetGo today) and 15 years later, finished the Winter Premier season with 3 of the original Netta girls still in the team – Grace, Bronwyn and Laura J.

Highlights has always been a spirited team – off the court, a bit of a handful to train and keep focused (just ask Sue Allen and Vito De Cesare) – but on the court, totally dedicated with a never say die attitude.

There have been over 25 players in the team over the years but there have been some core players at different times - always Lauren, Grace, Bronwyn, Gabi and Laura J; Steph Cummins, Steph Yianakos and Laura Gould through the earlier years; and then joined 5 years ago by Belle, Laura F, Carly and Jess.

The team loves their netball and has enjoyed a lot of success – 12 premierships from 14 appearances (including 13(1), 15(1), 17(1), Open 1 and Premier Reserve), 6 club championships, 3 Waverley Night premierships and a Waverley Night Sunday tournament (under 15). They went for 5 seasons without losing a game and played above their age group for most of the years after Under 13.

The girls are young ladies now and moving into full time jobs and other weekend commitments which have made Saturdays that little too hard.

So for the last time, a huge thank you – to the wonderful Highlights parents who came to all the games right to the end, to all the wonderful Highvale players who have filled in for us over the years, to the fabulous Highvale coaches, especially Sue and Vito, and Committee members who have supported us and the Highvale players tirelessly, and to the girls themselves who have been a joy to be with over fifteen fabulous years and whose friendship and love of netball continues.